

PACKING CHECKLIST

CLOTHING & ACCESSORIES

- Undergarments (Bras, Underwear, Socks)
 - Pajamas
 - Various Shirts (Mix of short & long sleeve)
 - Sweater
 - Shorts and/or Pants
 - Swimwear
 - One Nice/Dressy Outfit
 - Raincoat or Winter Coat
 - Coldwear (Hat, Gloves, Thermal Underwear)
 - Shoes (Walking, Sandals, Dress)
 - Belt
 - Desired Jewelry
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TOILETRIES

- Toothbrush, Toothpaste, Floss, Mouthwash
- Shaving Gel & Razor
- Shampoo, Conditioner, Body Soap, Face Wash
- Moisturizer
- Cotton Balls/Q-Tips
- Hairbrush/Comb
- Hair Product
- Hair Accessories (Clips, Ponytails, Etc.)
- Deodorant
- Sunscreen
- Insect Repellent
- Glasses & Contact Lens w/Supplies
- Eye Drops
- Hand Sanitizer
- Cleansing Wipes
- Makeup

MEDICATION

- Prescription Medication (Original Bottle)
 - Vitamins
 - Pain Reliever
 - Motion Sickness Medicine
 - Sleep Aid
 - Allergy Medication (EpiPen if needed)
 - Anti-Itch Cream
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TRAVEL ESSENTIALS

- ID: Drivers License & Passport
- Proof of Vaccination
- Plane Boarding Pass (Print at the Airport)
- Final Travel Documents (Provided by HV)
- Health Insurance Card
- Money (1-2 Credit/Debit Cards, Cash)
- Earplugs & Sleeping Mask
- Travel Pillow
- Water Bottle w/Filter
- Reading Glasses & Sunglasses
- Binoculars
- Collapsible Umbrella
- Journal
- Electronics (Phone, Camera, Tablet)
- Chargers (May Need Converters)
- Spare Batteries/Memory Cards
- Headphones
- Entertainment (Book, Cards, Etc.)
- Travel-Friendly Snacks
- International Phone Card
- Holiday Traveler App